

*This form must be completed by your primary care doctor soon after your physical examination. When completed, return it to Guide Dogs of The Desert to continue the processing your application.*



P.O. Box 1692, Palm Springs, CA 92263  
Phone: 760-329-6257 Fax: 760-329-2866  
Email: admissions@gddca.org

## PHYSICIAN'S REPORT

### Attention Physician:

Your patient has applied for a guide dog to enhance his/her mobility and independence. When completing this form, please keep in mind that the applicant will undergo a rigorous training program. This program will require physical, emotional and mental stability, as well as endurance and strength. Furthermore, the days will be long, as our training begins at 6:00 am and will not end until 9:00 pm. This in-residence program lasts for 28 days and will include exposure to different types of terrain and weather, including a windy, desert environment. Students attending this course must be reasonably independent with chronic disease management, and demonstrate normal immunity in a dormitory setting. Students are expected to walk at least a 1/2 - 1 hour twice daily, and will experience a definable pull from a dog (typically on the left side). Your information will assist us with determining if the applicant is eligible for a guide dog, and if they will be able to handle the rigors and stress of training. Thank you for your assistance.

Applicant's Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: (\_\_\_\_\_) \_\_\_\_\_ Medical/Clinic ID number: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Pulse: \_\_\_\_\_ Respiration: \_\_\_\_\_

How long have you attended the applicant? First visit \_\_\_\_\_ ; # of years \_\_\_\_\_

Date of last tetanus immunization: \_\_\_\_\_

**Does applicant have bilateral prosthetics?**  Yes  No

**Does the applicant have any of the following medical problems?** (Please check all that apply)

**Breathing:** Allergies  Asthma  Lung capacity

If so, please explain: \_\_\_\_\_

**Circulatory:** Cardiac disorders  High blood pressure  Varicose veins

If so, please explain: \_\_\_\_\_

**Disease:** Infectious  Chronic  Cancer  Skin Cancer

If so, please explain: \_\_\_\_\_

Is applicant able to be in the sun?  Yes  No If no, please explain: \_\_\_\_\_

**Neurologic disorders:** (neuropsychology): Speech impairment  Stroke  Seizures

Epilepsy  When was the last seizure? :

Frequent Headaches  Migraines   Yes  No How often? \_\_\_\_\_

**Psychiatric disorders:** Anxiety  Depression  Addictions  Other

If so, please explain: \_\_\_\_\_

Is patient currently under the care of a mental health professional?  Yes  No

**Physical:** Balance  Gait  Posture

If so, please explain: \_\_\_\_\_

**Intestinal:** Ulcers  Diarrhea  Gastric

If so, please explain: \_\_\_\_\_

**Pain:** Is there weakness / pain on the left side?  Yes  No

*Note: Dogs are usually trained to walk/pull on the left side*

Back problems  Joint pain, arthritis  Hip  Knee  Neuropathy  Shoulder pain

Arm pain  Hand pain  Chronic pain?

If so, how does applicant deal with pain? \_\_\_\_\_

On a scale of 1—10, 10 being the most severe, please rate pain intensity.

**Please list any surgeries** \_\_\_\_\_

**Does applicant have hearing problem?** \_\_\_\_\_ **Which ear?**  Left  Right  Both

Does applicant wear hearing aides? \_\_\_\_\_ Is hearing within normal range with aides? \_\_\_\_\_

**Does applicant have a learning disability?** \_\_\_\_\_

**Does applicant have any functional limitations besides blindness?**  Yes  No

**Please explain** \_\_\_\_\_

**Is applicant diabetic?** \_\_\_\_\_  Yes  No **If yes please complete diabetic report.**

**Are there mental health issues?**  Yes  No

**Do you feel your patient will be able to complete our training program?**  Yes  No **Do you**

**have any additional thoughts or concerns** \_\_\_\_\_

**Date of exam on which report is based:** \_\_\_\_\_

\_\_\_\_\_  
**Physician's Signature**

Doctor's name: \_\_\_\_\_  
*Please print*

Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_

Hospital / Clinic Stamp



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## DIABETIC REPORT

**Physician and Applicant:** Guide Dogs of the Desert does not have a nurse on staff. Applicant must be capable of administering his/her own injections and must be responsible for maintaining their own appropriate lifestyle. The applicant will be asked to list dietary needs on their meal questionnaire, and we will respond the needs as best we can. As we do not have a nurse on staff, our protocol is to call 911, should the applicant need assistance.

Applicant's name: \_\_\_\_\_

Is Applicant:  Type I  Type II  Stable  Brittle?

Is applicant able to independently test their blood sugar?

Are they able to use an audio glucometer? How often do they test?

Last Insulin reaction: \_\_\_\_\_ please describe: \_\_\_\_\_

Are Insulin reactions frequent? \_\_\_\_\_

Are Insulin reactions severe?

Does insulin need to be refrigerated? \_\_\_\_\_

What can be offered in the event of a reaction?

Applicants should carry their own supplies when out training.

To the best of your knowledge, does your patient try to manage their own diabetes independently, and to the best of their ability? \_\_\_\_\_

Date of last hospitalization due to: Hypoglycemia \_\_\_\_\_ Hyperglycemia \_\_\_\_\_

Diet: \_\_\_\_\_

Oral Medication: \_\_\_\_\_ Daily Dosage \_\_\_\_\_

Insulin Name: \_\_\_\_\_ Daily Dosage \_\_\_\_\_

Does Applicant utilize an Insulin pump?  Yes  No

If yes please list any special instructions \_\_\_\_\_

Can Applicant self-administer Insulin? \_\_\_\_\_ Can Applicant adjust his/her own Insulin? \_\_\_\_\_

Please indicate any special instructions or suggestions \_\_\_\_\_

**I understand the protocol of Guide Dogs of the Desert and certify that the above information is true and correct.**

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Please print name

\_\_\_\_\_  
Please print name

Date \_\_\_\_\_

Date \_\_\_\_\_



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**MEDICATION AND HEALTH INSURANCE INFORMATION**

**Physician and Applicant:** Please list all medications, strength, dosage, and reason for use. Also, please indicate any side effects that may affect the applicant during their time in training. Applicant is responsible for administering his/her own medication. Please ensure applicant has enough medication for the entire 28-day class.

**Applicant's name** \_\_\_\_\_ **Date** \_\_\_\_\_

Medication	Strength	Dosage	Reason	Side Effects

**Health Insurance Information**

Policy number: \_\_\_\_\_

Policyholder's name: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Telephone number: \_\_\_\_\_